

# *Just*ÉNERGIE™



Energy formula for women

100% natural

**50 ml**

**To dilute in 250 ml of water**

A product from the  
JustADAPTÉ™  
collection  
developed by



[www.justbio.ca](http://www.justbio.ca)

# Empower yourself with nature for a balanced life

**JustBio inc.** is a biotechnology company located in La Pocatière, in the beautiful region of Kamouraska, in the province of Québec (Canada). The company is committed to designing novel sustainable strategies that promote the maintenance of health and wellness. JustBio's product development methodology bridges ancient knowledge of herbal medicine with modern medical science. Inspired by nature, JustBio develops healthy concepts that are validated scientifically to help prevent the development of chronic diseases. JustBio's products are made with key natural ingredients (preferably organics) with proven health benefits. These include:



- Botanical extracts from medicinal plants, found in the Nordic forest and used in herbal medicine
- Superfruits of the Nordic forest (such as blueberry and cranberry)
- Natural sweeteners such as maple syrup and stevia

Staying healthy is a question of balance. Get better at letting go and improve your adaptation capacity with natural health products of the **JustADAPTÉ™** collection. These products can help you find a deeper sense of balance, and to promote your well-being. JustADAPTÉ™ products are synergistic blends with adaptogenic functions that help you stay in touch with your homeostasis, the healthy state of equilibrium within you. JustADAPTÉ products will help you recharge your batteries by providing a daily sustainable and renewable energy lift.



**The science behind our concept:** JustADAPTÉ™'s functional formulations were developed by the founder of JustBio, Sophie Chabot Ph.D., inspired by her research while she was at the Harvard Medical School. JustADAPTÉ™ products act via the neuro-immune-mucosal axis through epithelial TLR2, an evolutionary-conserved molecule known to be involved in innate immunity and homeostasis, in order to help you cope with changes.

One single daily dose of JustADAPTÉ™ provides:

- A natural health product consisting of synergistic blend with adaptogenic functions
- A natural source of sustainable and renewable energy that does not cause energetic crash and neurotoxicity
- A daily dose of antioxidants to fight against damage from oxidative stress and to help prevent the development of chronic diseases
- A refreshing drink with less than 100 calories
- A healthy alternative to prescription drugs



Maintain a balanced life with JustADAPTÉ™, a natural solution to fight your anxiety, to improve your endurance and increase your level of energy, or to keep your cardiovascular system healthy. JustADAPTÉ™ products are available on JustBio's online store. Visit our web site ([www.justbio.ca](http://www.justbio.ca)) to know more about our products:

- Stress & Anxiety - JustCALM™
- Women's Health- JustFEMINA™
- Endurance & Energy - JustENDURANCE+™, JustÉNERGIE™
- Cardiovascular Health - JustFLOW™

Produits de la collection  
*JustADAPTÉ*



## JustÉNERGIE™



You are a WOMAN, and you want to feel more empowered? Are you tired of feeling exhausted? Do you want to enhance your working capacity? Are you looking for a natural way to get energized? JustÉNERGIE™, developed by women for ALL women, is the natural solution for you!

If you are training for a marathon, a half marathon, an ironman triathlon, a long-distance cross-country skiing / cycling competition of, improve your endurance and overall athletic performance with JustÉNERGIE™, a product from the JustADAPTÉ™ collection.

A single daily dose of JustÉNERGIE™ provides:

- A sustainable and renewable energy lift that is long-lasting causing an energy crash or neurotoxicity to help recharge batteries
- A subtle, yet immediate, energy boost
- A refreshing drink that provides a daily dose of antioxidant reduce free radical damage associated with aging and the development of chronic diseases
- A relaxing effect to help calm your mind and to help you focused
- An empirical formula with adaptogenic functions that has tested scientifically to better understand its mechanism of that help stay balanced (patent pending)
- A neuroprotection to preserve your brain functions



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### ENERGY & ENDURANCE

The impact of JustÉNERGIE™ on the energy metabolism has been studied in a laboratory setting. As such, after many years of research, we have demonstrated that JustÉNERGIE™ can:

- Increase the activity of mitochondria, the cellular machinery responsible for the generation of energy in the body
- Increase the intracellular production of ATP, the molecular energy fuel of the body, to help recharge your batteries for days
- Induce an immediate energy boost by causing the secretion of ATP within minutes after its intake
- Promote the conservation of energy to improve the preservation of the energetic capacity
- Prevent ROS-induced neurotoxicity in dopaminergic neuronal cells



- Create an anti-inflammatory environment to reduce damage due to excessive inflammation and help recovery after exercise
- Protect the mucosal epithelia of the gastrointestinal tract
- Enhances cell vitality to help promote regeneration

## HEALTH BENEFITS

The health benefits of JustÉNERGIE™ are associated to its natural ingredients. JustÉNERGIE™ contains maple syrup, cranberry, and botanical extracts of skullcap, raspberry and yarrow for the following reasons:

**MAPLE SYRUP:** Maple syrup is a natural sweetener with antioxidant properties, which helps reduce oxidative stress damage caused by physical exercise to improve recuperation. It contains a significant concentration of abscisic acid, a plant hormone that can help stimulate insulin secretion from pancreatic cells and increase its sensitivity to muscle or fat cells to maintain a healthy level of glucose in the blood (*J Med Food Feb 2010, Med Food March 2010*).



**CRANBERRY (*Ericaceae spp*):** Studies carried out by JustBio demonstrated that levels of anthocyanins present in cranberry juice correlate with the energy conservation property of the product.

**BOTANICAL EXTRACTS:** In herbal medicine, raspberry leaves are used to help tone the uterus (FloraMedicina). Wogonin present in skullcap is a muscle relaxant, which helps recovery after exercise. JustBio's studies have demonstrated that the botanical extracts of JustÉNERGIE™ are essential to the energy-boosting property of the product.

### **Ingredients (organics):**

Maple syrup, *Scutellaria lateriflora* L. - Skullcap (herb top), *Rubus idaeus* - Raspberry (leaf), *Achillea millefolium* - Yarrow (herb top flowering), apple juice concentrate, cranberry juice concentrate

### **Recommended Use:**

To energize women, and to help improve endurance and recovery after exercise.

### **Recommended Dose:**

Adults: Drink 1 dose of 50ml per day. Dilute into 250ml of water and drink as a beverage. SERVE COLD.

### **Cautions and Warnings:**

Consult a health care practitioner if symptoms persist or worsen. Consumption with alcohol, other drugs and/or natural health products with sedative properties is not recommended. Consult a health care practitioner if sleeplessness persists continuously for more than 3 weeks (chronic insomnia).

### **Contraindications:**

Do not use if you are pregnant or breastfeeding. Do not use if you are allergic to plants of the Asteracea/Composea/ Daisy family.

### **Pasteurized product, KEEP REFRIGERATED**

**Do not use if seal is broken**

**Keep out of reach of children**

### **Made in Canada**

JustBio inc. 1642 rue de la Ferme, La Pocatière, QC, Canada G0R 1Z0

